



ECO CHILD'S PLAY

Green Parenting for Non-toxic, Healthy Homes

No PhytoEstrogen: Organic, Worry-Free Beauty Products for Babies & Up



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One of the perks of being a mommy blogger is getting great new organic beauty products to try on my family. We recently tested [Original Sprout](#) "Worry-Free Luxury" Natural & Organic Family Collection. These products smell wonderful and are free of "added hormone disruptors, parabens, petroleum oils, phthalates, dioxanes from sulfates, formaldehyde, & propylene glycol."

Do you know about PhytoEstrogens? PhytoEstrogens are called "[dietary estrogens](#)", because they come from food sources, such as soybeans. They are often promoted for consumption in menopausal women for bone density, but there is concern that over exposure to PhytoEstrogens increases the risk of [breast cancer](#) and causes fertility issues. [Original Sprout](#) explains:

Working as estrogen mimics, phytoestrogens may either have the same effects as estrogen or block estrogen's effects. Which effect the phytoestrogen produces can depend on the dose of the phytoestrogen. The phytoestrogen can act like estrogen at low doses but block estrogen at high doses. Estrogen activates a family of proteins called estrogen receptors. Recent studies have shown that phytoestrogens interact more with some members of the estrogen receptor family, but more information is needed about how these receptors work,



especially in breast cancer. Finally, phytoestrogens acting as estrogen mimics may affect the production and/or the breakdown of estrogen by the body, as well as the levels of estrogen carried in the bloodstream.

Phytoestrogens - acting differently from estrogen - may affect communication pathways between cells, prevent the formation of blood vessels to tumors or alter processes involved in the processing of DNA for cell multiplication. Which of these effects occur is unknown. It is very possible that more than one of them may be working. Also, the effects in various parts of the body may be different. from

Phytoestrogens and Breast Cancer.

» See also: [Trillium Organics New OGMama and OGBaby Products](#)

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Long-term studies on their effects on children have not been conducted, so Original Sprout plays it safe:

Our Worry-Free Formulas are for Parents who don't want PhytoEstrogens touching their Little Sprouts! PhytoEstrogens can be linked to gynecomastia, early puberty, hormone disruption & fertility problems.

Our family tried three Original Sprout Products:

- *[Hair & Body Pure Bodywash](#): Naturally wash away cradle cap, seborrhea, dry, crusty, itchy or flaky scalp with our Cradle Cap Baby Shampoo. Dandruff shampoo, oil, picking & combing can irritate baby's sensitive scalp. Make bath time easy & enjoyable with our gentle yet effective formula. Organic emollients work immediately to help sooth baby's parched dry scalp & crusty flakes. Sweet almonds, chamomile & sage keep baby moisturized, healthy & protected. Leaves scalp, skin & hair ultra soft, silky & hydrated..*
- *[Scrumptious Baby Cream](#): Our Scrumptious Baby Cream is irresistible, the whole family loves it! Not a sunscreen, but a soothing protective barrier that keeps skin soft & smooth as velvet. Our multi-benefit cream is infused with Natural Zinc for Added Sun Protection plus organic rosemary, helping to repel insects & calm sensitive skin. Non-greasy & extra hydrating for every skin type.*
- *[Miracle Baby Hair Detangler](#): Our number one selling Professional Miracle Detangler is essential. Tangles release immediately making combing effortless. Leaves hair silky, soft & naturally fresh. Made without fruit, honey or other bug attractors. Glide through hair without Formaldehyde & Lye (Hydantoin DMDM & Sodium Hydroxide found in many children's detanglers). Use any time for a freshly washed feeling & to calm frizzies!*

These products do not containing [numbing agents](#) in order to be tear-free, and they includes rosemary to repel [lice](#) and insects! Original Sprout is also compliant with the European Directive giving full label disclosure of all ingredients. You can feel good about using these "worry-free" products developed by a [biodiesel](#), home schooling mom.