

# Beauty Debutante



## Hair & Skincare Review: Original Sprout

by Kirsten on August 11, 2010

### Original Sprout™ Worry-Free Luxury™

**Original Sprout** prides itself on being *free and clean* of all parabens, nanoparticles, formaldehyde, petroleum oils, propylene glycol, dioxanes, sulfates, gluten, soy and dairy.

This *Worry Free Luxury* brand carries a wide range of products from hair styling to body creams to sunscreen and baby products. It carries some of the safest ingredients around, and all of their packaging is eco-friendly.

I was really excited to try a few products from this brand as I am always on the lookout for a new product that is all natural but still provides a quality experience. Too often I find that the all natural products end up not working the way that I want them to, definitely a bit of a let-down. Thankfully, Original Sprout is all that it cracks up to be, and more!

To gain a bit more knowledge about the brand, here is an excerpt from their website:

#### FOUNDER:

Inga Tritt founded The Original Little Sprout® in 2003 and Original Sprout in 2007. The name Little Sprout was inspired by the birth of her daughter Maya. Inga was born in Germany and grew up in Montecito, California. Her love of nature, art and architecture led to a successful career as a master stylist. Wanting to be a full time mom led her to selling her salons & spas and moving to the country, where she now lives with her family.



#### PRODUCT HISTORY:

Our founder delighted in her newborn daughter's thick hair. Wanting to use the safest bath products led to her trying natural baby shampoos. To her surprise, all the shampoos reeked havoc her daughter's hair and sensitive skin. To remedy the problem Inga created the first of it's kind, ultra moisturizing natural baby bath & styling products. The benefits of being a master stylist with professional experience & a mother with real life experience culminated into Original Sprout, a

globally trusted natural family brand.

Delighted to try the different products sent to me, I quickly checked out their website to learn more. Not only do they have a ton of products available, but they also are loved by many celebrities from the likes of Cindy Crawford and her children, to Brooke Shields and Rowan, Angelina Jolie and Maddox, Chris McMillan (Jen Aniston's hairstylist among many other celebs), Diane Lane, Debra Messing and Roman, and on-set of many different movies and television shows.



The first product I tried was their **Scrumptious Baby Cream**. Yes, I know it says babies, but right on the front it says, "For Babies & Up!". So of course, if it's good enough for a baby, it definitely was good enough for me! Immediately upon putting it on, I was in love. Thick and non-greasy, this cream was decadent in the way it absorbed into my skin, leaving no traces of weird shine or leftover product on my skin. It was amazingly gentle and didn't carry any strong scent.

I used it over the course of a week, and it was quickly used by the other members of my household. My boyfriend, known for his never-ending dry hands, became addicted. He liked that it didn't carry a fragrance and raved about the consistency of the product. It truly is a product that can be used by every family member and I assure you your skin will be left feeling velvety smooth. I am a huge fan!

The next product I tried was their **Natural Hair Gel**. To be honest, I was leery of the product at first for a few different reasons. I tend to avoid hair gel as it is so full of chemicals and weird scents, that it leaves my hair completely annoyed. It either becomes too stiff or too sticky, so I gave up the use of gel a long time back. Sure, I have found some really high-end products that work fine, but it was easier to just find a different product to use in place of gel.



I used their Natural Hair Gel after showering, as my hair was still damp. I took a dollop of it and rubbed it between my hands and then pieced it through my hair. It feels very thick and you definitely know it is covering your hair the way a hair gel is supposed to. Instantly I noticed the lack of alcohol smell, which was a nice change. Still leery of how it would all turn out, I finished scrunching my hair to create some wave and natural curl, and left my hair to air dry. (Had it been a cooler day, I could have diffused my hair a bit with the blow dryer, yet this time was unnecessary).

A few hours later my hair was pretty much dry (yes, abnormally thick hair can be annoying this way) and I could see the final results. Not only was my hair lightweight and not sticky or crunchy, but it had beautiful curls and waves throughout. Never have I tried a hair gel this great! I can see why Chris McMillan (celeb hairstylist) says this is one of his all-time favorite products.



The last product I tried was their **Deep Conditioner**. This is always a true test of a product's effectiveness for me. Having hair as thick as mine, with wave and curl, conditioner is a must. Not only must I use it, but it must be awesome. I have been known to return products that did not live up to their claims, a few times. I ran out of my favorite conditioner and remembered that I had just received this product in the mail. A bit hesitant, I grabbed and decided to use it to see how it stood up to my favorite tried and true brands. I always leave my conditioner in my hair for a few minutes while I shave and use body wash.

Then, the test began. As I rinsed out the conditioner, I felt my hair become smooth and soft, exactly what I had hoped for. This may sound like a "duh" moment, but really it's not. Time and time again, I test out a new conditioner and it leaves my hair still very tangly and unruly. This was definitely not the case this time. It truly is a deep conditioner, and my hair was left very soft and easily able to be brushed and/or combed after I finished showering. Not only did it pass that test, but it also passed the test of how well my hair looked once it was dry. Bad conditioners, or conditioners that have too much weight to them, often leave my hair limp and lifeless. I was easily able to style my hair, create a bit of volume, and the conditioner not only helped accomplish this, but it aided in de-frizzing and provide just the right amount of moisture. Another A+ in my book.

So, with all of these awesome reviews and positive things to say about the brand, many of you may be wondering about the negatives. Sure, nothing can be perfect, and we usually can think of a few things the products can improve upon. In this instance, there are very few. Usually all natural products that work as

well as Original Sprout does, come with a high price tag. Unfortunately this is true, but I really feel that they are comparative to other high-end luxury hair care and skin care lines. Does this constitute as a negative? Well, I guess it depends on who you are asking. If I had the option to pay about the same price as my other brands, but now also have an all natural product, of course I would pay the price. For those that only use drug store brands, this may be a bit too expensive. It's all a matter of personal opinion.

Another downside I saw was the sizing of the products. With hair as long and thick as my own, I tend to go through products very quickly. I definitely don't wash my hair everyday, but I have to use a good amount each time that I do. They do carry the larger 35 oz. size in their shampoo and conditioner, but the price reflects it. Definitely not a deal breaker, but it stings a bit to put this type of money out for a hair product. Yet I have done so numerous times.

Thankfully a lot of their products come in travel friendly sizes, and this is huge to me. I do wish all of their products came under 3 oz., but those that don't, I can always put some in travel sized containers should the need arise.

All in all, I am a huge supporter of their products, and have found a wonderful brand that I can't wait to see what more they have to offer. Stay tuned for more reviews on Original Sprout, including their Detangler and their new sunscreen!

Love,  
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