



BABBLE BEST • 2011

SUNSCREENS FOR KIDS

Babble Best Picks:

Sunscreens for Kids

As a licensed esthetician, I've seen firsthand how devastating years of sun exposure can be to one's health, so I was thrilled when Babble asked me to put together a list of the best sunscreens for kids. Choosing the best of the best 25 sunscreens wasn't easy, but after a lot of time and research, I've narrowed down my favorite finds. If we have left your favorite sunscreen off this list, make sure to [nominate it here!](#) — *Stevee Curtis*

Sun Protection Terms to Know:

SPF: Sun Protection Factor (SPF) is usually displayed on the sunscreen label and can range from 2 to as high as 50+. It refers to the product's ability to screen or block out the sun's harmful rays. For example, if you use a sunscreen with an SPF 15, you can be in the sun 15 times longer that you can without sunscreen before burning.

Sunscreen: Can be classified into two types: physical and chemical:

- Chemical sunscreens contain special ingredients that act as filters. These days most protect against UVA and UVB rays.
- Physical sunscreens are most often referred to as "sunblocks." These products use ingredients like titanium dioxide and zinc oxide to physically block rays. Most of these block out both UVA and UVB rays, too.

BEST SUNSCREENS FOR THE ENTIRE FAMILY | Original Sprout Face & Body SPF 24+



Original Sprout Face & Body is completely safe for kids and adults, and it also protects against UVA and UVB rays. It goes on your skin clean with no greasy residue, which makes it great for breakout-prone skin. It's also biodegradable, contains no nano particles, and is formaldehyde-free, keratin-free, gluten-free, and soy-free.

For just under \$18 per tube, this sunscreen can protect your youngest child all the way up to your oldest child: your husband. I kid, I kid... kind of.

 ORIGINAL SPROUT 4-oz. tube- \$17.95